



Twin Fountains Salon & Spa Menu of Services

MASSAGE

Relaxation

This massage soothes the nervous system and relaxes tired muscles by using long, rhythmic strokes that improve circulation, help move lymph and release endorphins. This massage can alleviate anxiety and will leave you stress free. Light pressure. 60 min.

75

Extended 90 min. 100

Deep tissue

This massage is for those that require relief from deep aches and pains of specific areas, it focuses on releasing chronic tension from the deeper layers of the tissues, therefore allowing better range of motion, oxygenation to the muscle and a general healing of the body from pain. 60 min.

85

Extended 90 min.

110

Massage Add-ons

Aromatherapy complement anybody service with this therapeutic addition~ 10

Hot stones add a few hot stones to intensify your relaxation experience ~15

Eco fin paraffin Hand & Foot Treatment 100% plant-based emollients, ultra-hydrating service

Hands~15 Feet~15

Rosemary Herbal Hair and Scalp Treatment all natural herbs and hot oil is massaged into your hair and scalp for the nourishing properties, and the pure joy of it ~15

Body Wraps

All body wraps start with an exfoliate that stimulates the lymphatic system and removes dead skin, allowing your skin to readily absorb the wrap of your choice. Then you will be wrapped in a warm, comforting cocoon where you will feel pampered and completely at ease.

Mediterranean Detox Mud Wrap & Facial Mask

Long known for its healing properties and its very high concentrations of minerals, this miracle mud has attracted visitors seeking therapy for thousands of years for various ailments. The Dead Sea mud penetrates deep into the layers of your skin, and minimizes free radical damage by pulling out impurities from the cells, considering the pollution our skin comes in contact with on a regular basis this is a good resolution for healthy skin. The skin gets a radiant energy boost with improved texture and tone by better blood circulation, and calming inflammation. This calming of inflammation offers relief from arthritic pain and sore muscles and other inflammatory skin conditions, and all you have to do is relax. 60 min.

90

Slimming Green Body Wrap

The slimming body wrap features active ingredients that help detoxify, reduce inches and tightens the skin without dehydrating it. This custom blend of ground and marine extracts blend with essential oils to stimulate and promote the inter cellular exchanges, eliminate excess water and work to break up fatty deposits. This treatment from France is great for cellulite too.

60 min.

90

Herbal Rejuvenating Body Wrap

The herbal blend in this rejuvenating treatment puts you into a sensory heaven with the likes of; Sage leaf, Rosemary leaf, Juniper berry, Calendula petal, Chamomile flower, Comfrey leaf, Rose petal, Hibiscus, and Rose hips. The herbs break down into amino acids and absorb through the pores to cleanse the underlying tissues with the healing and nourishing properties of this blend. Maintain health on a cellular level repairing damage and increasing circulation, kidney and liver functions while being enveloped in a warm therapeutic bouquet. Leave with the glow of health in mind, body and spirit.

60 min.

85

Eco fin Ultra Hydrating Body Wrap

We love the hand & foot treatment with Eco fin, and we are thrilled to offer the full body wrap, now you can enjoy the silky benefits from head to toe. This is the organic, alternative to paraffin consisting of 100% plant based emollients, and is 100% guaranteed to quench the thirst of dry skin. Leaving an ultra-hydrated barrier to protect and prepare the skin for the winter months. Relax and allow the gentle application of light, fan brush strokes seal in the moisture over your entire body, and the warmth of the cocoon allow you to drift off into a faraway place.

60 min.

90

Add 30 minute relaxation or deep tissue massage to any wrap~ 30

Specialty Body Treatments

Twin Fountains Signature Foot & Leg Rescue

Start off this treatment with an exfoliation to increase circulation and to smooth and prepare the skin for a warm nourishing wrap, or a seasonal wrap, that will replenish and soothe your legs. Then when your legs are totally relaxed, they will be massaged, until they release all tightness and melt tension away. This is great for tired, overworked legs, when trying to get in shape and for someone that has trouble with circulation problems. 45 min.

65

Deep Lavender Hot Towel Vapor Rub

This is the treatment for you if you are feeling run down, having sinus trouble, feeling achy or have general muscle soreness. The effective preparation of healing and heat producing essential oils, and other medicinal properties used in this session packs a powerful punch. This is the herbal version of the store bought brand and far superior, similar to our mom's home remedy, and just as comforting. A lavender-infused hot towel massage for achy muscles, healing steam, and a soothing vapor rub will penetrate our focus areas of sinus and respiratory troubles, and the palms and soles of the feet, where you absorb the herbal constituents the best. Before you go a spritz of purifying Aloe Vera mist will cleanse and cool the skin and nasal passages, and a nice, hot cup a tea will be placed in hand to send you on your way. 60 min.

Add a detoxifying therapy bath for added health benefits.

100

Cleopatra's Milk & Honey

Bathe in milk and honey with this treatment. Based on an ancient beauty ritual of Cleopatra, this natural skin cleanser and exfoliator helps to purify and slough off dead skin cells, leaving skin nourished and brightened.

Natural antioxidants and Alpha hydroxy acids derived from sugar cane work with honey and coconut milk to promote younger and healthier skin. You will get a honey and milk facial massage and mask with hot towels and a corn meal honey dust scrub with coconut milk and midnight oil that will leave you glowing. Finish the treatment with a skin-quenching milk and honey massage cream for skin like silk. Feel like the Queen of the Nile. 75 min.

100

For the Love of Chocolate

Boost your mood with this sweet tooth favorite, that is chalked full of vitamins and minerals. This body treat delivers good healthy fats to the skin, and it includes the chemical properties of chocolate that reduce stress hormones and boost endorphins for less collagen breakdown, and with plenty of antioxidants this can slow the aging process, An exfoliating chocolate scrub and a chocolate butter will be massaged into the face and body, so your body can take full advantage of all the healthy benefits of this popular addiction. So, yes, chocolate is good for your skin! Enjoy a hot cup of chocolate to savor the moment. 60 min.

90

Choose one: Chocolate/chocolate-peppermint for the holidays

Spicy Pumpkin Pie

This is the perfect fall body treatment that gives another use for a favorite Thanksgiving dessert. Pumpkin is filled with nutritious properties like the nice orange hue that is a known wrinkle-fighting plant pigment, and the alphabet of Vitamins and plenty of minerals. The essential fatty acids in this creamy application maintains a good barrier function of the skin, and the fruit enzymes give a bright and healthy glow, The zinc in pumpkin helps with oil and hormone production, so that is good news for acne sufferers. A pumpkin exfoliation and a smoothing body balm will be worked into your skin and applied head to toe, not to miss an inch of the body. 60 min.

85

Exotic Ginger & lime Body Treatment

An invigorating, tropical salt rub with lime helps with hyper-pigmentation, tightening pores and is high in antioxidants, giving you fresh and healthy skin. The ginger helps with circulation, warms the skin and helps with painful achy joints and muscles. Then you will be covered in a silky, body butter with Japanese Green tea and lime leaf that will be massaged onto your skin for protection and hydration. The body will be stimulated to regenerate healthy, tightly woven skin cells that will leave you with a soft, fresh glow. It feels and smells amazing! 60 min.

85

It is the added touches that you won't forget...

Hydro/Heat Therapy

Salt Therapy Bath

Soak in a variety of therapeutic salts from all over the world, with powerful jets soothing your aching muscles and reducing swelling, healing bruises, regulating blood pressure and detoxifying. Scientists have proven that the best way to get your magnesium is when you bathe in these salts. Dead Sea Salt is recommended for psoriasis, eczema and other dry skin issues. Includes a comforting beverage.

15 min. ~15

Infrared Sauna

Infrared light has the ability to penetrate human tissue deeper than your ordinary sauna, which in turn produces a host of anti-aging and detoxifying, making the infrared sauna a popular choice in overall healthy living. Includes citrus infused hydration that will help with flushing out toxins and alkalizing the body while you sit and relax.

15 min. ~15

Beautifully, wrapped Gift Certificates Available for Salon & Spa Services



SALON MENU

Haircuts Wet or Dry ~ 20+	Manicure ~20
Child- based on length & thickness	Pedicure ~30
Beard & mustache trim ~ 10	Gel Polish ~20
Shampoo only ~5	Gel Polish Removal ~8
Shampoo Blowout ~25+	French tip ~8
Shampoo Cut & Style ~35+	Polish Change ~8
Scalp Massage/Treatment ~25+	Seasonal Mani/Pedi specials available call for details
Conditioning Treatment ~15+	
Hair Coloring ~50+	Eco fin Hand & Foot Treatment
Color Weaving or High Lites ~25+	Hand~15
Two Color Weaving ~50+	Feet ~15
Corrective color -price with consultation	
Coppola Keratin Complex Hair Smoothing Therapy ~100+	
Perming ~50+	
Waxing/Eyebrows ~12	
Lips ~6	
Chin ~6	